

# Case History

Name \_\_\_\_\_ Sex M F Date \_\_\_\_\_

Address \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

C.Phone ( ) \_\_\_\_\_ W.Phone \_\_\_\_\_ Date of Birth \_\_\_\_\_ Age \_\_\_\_\_

Referred by \_\_\_\_\_ Email \_\_\_\_\_

Occupation \_\_\_\_\_ Employer \_\_\_\_\_

Have you ever received Chiropractic/Acupuncture Care? Yes No If yes, when? \_\_\_\_\_

## 1. Purpose of visit: Chiropractic | Acupuncture | Nutrition

Circle one/or all that apply(s):

Injury Pain in lower back Pain in upper back Joint Pain Headache Other

Chief complaint: \_\_\_\_\_

Secondary Reason: \_\_\_\_\_

Grade Severity (No Pain) 0 1 2 3 4 5 6 7 8 9 10 (worst possible pain)

Please circle the Quality of the complaint/pain:

dull aching sharp shooting burning deep nagging other

Does this complaint/pain radiate or travel (shoot) to any areas of your body? \_\_\_\_\_ Where? \_\_\_\_\_

Do you have any numbness/ tingling in your body? \_\_\_\_\_ Where? \_\_\_\_\_

How frequent is complaint present, how long does it last? \_\_\_\_\_

Does anything aggravate the complaint? \_\_\_\_\_

Does anything make the complaint better? \_\_\_\_\_

## 2. Previous treatment, medications, surgery, or care you've sought for your complaint your complaint:

\_\_\_\_\_  
\_\_\_\_\_

## 3. Past Healthy History

A. Previous illness/trauma/injury you've had in your life: \_\_\_\_\_

\_\_\_\_\_  
Have you ever broken any bones? \_\_\_\_\_ Which? \_\_\_\_\_

### B. Medications/ Supplements

Medication or Supplement	Reason for taking
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_____	_____
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_____	_____
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_____	_____
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_____	_____
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Medication or Supplement Continued:

_____	_____	_____
_____	_____	_____

D. Surgeries

Date                      Type of Surgery

_____	_____
_____	_____
_____	_____

E. Females / Pregnancies and outcomes:

Date of Delivery              Outcome

_____	_____
_____	_____
_____	_____

F. Family Health History:

Associated health problems of relatives: \_\_\_\_\_

1. Recreational activities/exercise: \_\_\_\_\_
2. Lifestyle (hobbies, alcohol, tobacco and drug use, diet): \_\_\_\_\_
3. Daily water consumption: \_\_\_\_\_

G. Overall Diet:

How would you rate your overall diet?              GOOD              FAIR              POOR

I have read the above information and certify it to be true and correct to the best of my knowledge, and hereby authorize this office to provide me with care, in accordance with this state's statutes.

Signature of guardian \_\_\_\_\_ Date \_\_\_\_\_

Doctor's signature \_\_\_\_\_ Date \_\_\_\_\_

Notes: